

"LIFE THROUGH THE LENS"



HERE, LET ME CARRY THAT

I was standing in the plaza, vugged-out, looking in the shop window, when behind me I heard footsteps and a muffled, sighing comment of, "Oh, these are so heavy, I'll be glad to get home." Turning, I saw a woman struggling along under a load of overflowing shopping bags. Starting to move toward her, I was passed by another shopper clutching a bunch of flowers. Passing the flowers toward her, he offered, "Here. You carry these for me, and I'll help you get those (indicating the bags) to your car. With a smile of recognition, she handed over her weighty bags, carefully took the flowers, and chatting as friends, headed for the car park. Smiling to myself, I remembered some words of Jesus.

The words? "Come to me, all who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in my love toward you, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light." **(Matthew 11:28-30)**

We all carry the burdens of life. We worry about our kids, our grandkids, partners. My health, my partner's health. How will I pay for the new car tyres? The electricity bill is due next week. The state of the world. Will there be a war? Is the company I work for going to go broke? Will I find work? Will I be happy with my work? Will I get the sack? How to fix the leaky tap. Who will win the footy? What will we have for tea? Etc...Etc....Etc. We all carry some or all of these burdens at some time – that's life. But it doesn't have to be all "gloom!"

There is this bloke called Jesus (also called the Son of God), and he made a promise to anyone who will listen. "Here, friend. Let's swap. I'll carry your load while you take my gift of love into your life. Trust me. It's a lot lighter and easier." The other good part is Jesus will not only carry your burden to the car park. He promises to walk by your side for the rest of your life – if you want him to.

The bills will still have to be paid, the kids will cause heartache, and there will be days when you don't feel like getting out of bed, but you will not be alone. His "carrying" is his way of helping you work through those daily problems if you want him to.

Talk to him about it. Tell him your worries. You might be surprised by what he passes over to you.

God bless you,

Kevin